

EARTH Lacrosse Wilderness Immersion Varsity (July 25-29) and JV Wilderness (August 1-5)

Below:

1. Tentative schedule
2. Items to bring for programs
3. Directions to site

(1) "Tentative" Schedule of Events

Monday:

- Players arrive at Western Life Camp in El Porvenir, New Mexico **11AM-1PM MST** (directions on separate document)
- 2-4pm Field Session 1: (Introduction to Programs)
- Break
- 5pm Dinner
- 7pm Session 2
- Break
- 9pm evening session

Tuesday

- 7:30am Breakfast
- 9am Session 1
- 1130 Lunch
- 1pm Session 2 (Players coming from P2 arrive between 1-7 pm)
- 5pm Dinner
- 7pm Session 3
- 9pm evening session

(2) Items you will need for the week:

- Sleeping bag and comfortable pillow
- PJ's or whatever you sleep in at night
- Lacrosse Equipment
 - o Helmet
 - o Gloves
 - o Cleats
 - o Elbow pads
 - o Stick (backup if you have one)
 - o Shoulder pads
- Day backpack
- TWO water bottles
- Sunscreen and hat
- Bug repellent

Wednesday

- 7:30am Breakfast
- 9am Session 1
- 1130 Lunch
- 1pm Session 2
- 5pm Dinner
- 7pm Session 3
- 9pm evening session

Thursday

- 7:30am Breakfast
- 9am Session 1
- 1130 Lunch
- 1pm Session 2
- 5pm Dinner
- 7pm Session 3
- 9pm evening session

Friday

- 7:30am Breakfast
- Cabin Cleaning
- 9am Session 1
- 10AM-12PM: Parent Pickup

- Hiking shoes (may include)
 - o Boots/Tennis shoes
- A few pairs of lacrosse shorts for practice
- A few undershirts for lacrosse practice
- Long pants and long sleeved shirts for evening and wilderness sessions
- Lots of socks!
- Headlamp (if you have one)
- Warm clothes for inclement weather
- Shampoo and soap
- Towel for swimming/showers

(3) Directions to Western Life Camp: El Porvenir, New Mexico

From Santa Fe, NM and Albuquerque, NM:

Take Interstate 25 north towards Las Vegas, New Mexico. Continue to Las Vegas and get off at exit 343 for Business route 25. Take a left off the exit. Turn left onto New Mexico Avenue in .6 miles (or route 329). In 1.8 miles take a left onto route 65 (also Forest Rd 263). Follow for about 15 miles. Take a left onto Forest Rd 156 and the Western Life Camp will be immediately on your left.

From Denver North

Off of Interstate 25 South, take exit 347 onto Business Route 25. In about 1 mile take a right onto Mills avenue or (route 329). Follow for 1.5 miles and take a right onto route 65 (Hot Springs Blvd). This road will become Forest Rd 263. Follow for about 15 miles. Take a left onto Forest Rd 156 and the Western Life Camp will be immediately on your left.

From Gunnison CO (Northwest)

Follow CO Route 50 East to CO Route 69 South to Interstate 25 South towards New Mexico. Off of Interstate 25 South, take exit 347 onto Business Route 25. In about 1 mile take a right onto Mills avenue or (route 329). Follow for 1.5 miles and take a right onto route 65 (Hot Springs Blvd). This road will become Forest Rd 263. Follow for about 15 miles. Take a left onto Forest Rd 156 and the Western Life Camp will be immediately on your left.